

Jungle Jive

Option 3

“Your Best RAINBOW”



Age Level:

4 - 10

Materials:

Jungle Jive book by Julie Woik

Cloud Choice 1 or Cloud Choice 2

Color Strips 1 and 2 OR Construction Paper in the Rainbow Colors

Pencil or Pen or Crayons

Scissors

Tape

Discover:

Read Jungle Jive together. Share your thoughts on the importance of having balance, and how our emotions can change when we don't have balance. Look what happened when the storm came in and tore down many of the houses the animals were living in. They had to move in and share a place. Everyone didn't seem very happy! Discover how our emotions change, when things around us get thrown out of kilter!!!

Activity:

- There are a couple ways of doing this. The idea is to use the colors of the rainbow, to describe the different emotions that you might have. 1.) The first way is to use the cloud template in which the children cut out the cloud and fill in their name and two emotions. Then they cut out and tape the rainbow colors. 2.) The second way is to use the cloud template without anything in it. Children can make their own statement about their feelings. Then they can use colored construction paper to make their Best RAINBOW, and can write the emotion they want, on that color. Display them proudly!!

Take Action:

After the child is finished with their project, discuss how our emotions can vary from one end of the rainbow to the other. Talk about how we ALL have times when we feel anger or frustration, as well as calm and quiet. Encourage them to take action by finding BALANCE in their lives, so they can find the pot of gold at the end of their rainbow!!!