

# Lilly the Lash

## Girl Scout Patch Program - Option 1

### "Shake Things Up"

**Age Level:**  
Cadettes

**Group Size:**  
1 to 30



#### **Materials:**

The Toy Store book by Julie Woik

Sample T-Shirt Sheet

Light colored T-shirts for everyone to decorate - Wash beforehand

Cardboard sections - to avoid paint transfer/stabilize shirt for take home

Fabric Paints

#### **Discover:**

Read The Toy Store together as a group. Discuss the importance of the hand shake that took place between Tommy and Aaron. Discover the effects a hand shake can make between two people. What bond does it create? What feeling arise from a simple hand shake? Trust? Honor? Friendship? Promise? Empathy? Encouragement? Loyalty? Kindness?

#### **Connect:**

- Each girl will place a cardboard section inside of her shirt, with the back of the shirt facing up.
- Referring to the Sample T-Shirt Sheet, have the girls write the word SHARE vertically down the left side of the back of the shirt (don't start too low or you'll run out of room). Then have them write the words that will spell out **Shake Hands And Reconnect Everyone**.
- Now have girls in the troop dip their hands in paint (each girl's hand should be a different color) and place their handprints on the backs of the shirts. (There will only be room for about 4 - 6 prints.)
- Let the shirts dry 48 hours before wearing.

#### **Take Action:**

Encourage the girls to talk to others about their shirts when they wear it. Ask them to question those who inquire about their pieces of art, "What do you think is so important about shaking someone's hand?" or "Do you think people are aware of the importance of a hand shake?" Let's share our love with everyone...by shaking one person's hand at a time!!