

Lilly the Lash

Girl Scout Patch Program - Option 3

"Positively Fashion Fabulous"

Age Level:
Seniors

Group Size:
1 to 30

Materials:

The Garden Gathering book by Julie Woik

Fabulous Fashion Fable form (Included)

An old bed sheet or plastic for overspray and cardboard to lay shirts on
Girl Scout to bring: White T-shirt to decorate (Must wash - no fabric softener)

Color Block for Fabric (Tulip brand can be found at Michael's Craft Store)

Spray Pack colors for fabric (Again, can be found at Michael's)



Discover:

Read The Garden Gathering together as a group. Briefly discuss the power of positive thinking. While chatting, start the first portion of the activity and then come back to discuss the book, allowing the shirts to dry for about an hour. Now, discover the differences in attitudes of people who think positively, compared to those who think negatively. Can you tell the difference? What changes take place mentally? Physically? Do they affect others? How?

Connect:

- Each Girl Scout will use the Color Block for Fabric to write positive words or comments on their shirt. (Don't overuse the Block. If it's too thick, it'll take too long to dry.) The shirt must be left to dry for at least one hour. Take this time to discuss the power of positive thinking.
- After the Color Block is dry, place the shirt on your cardboard and the cardboard on the sheet/plastic. Use the different color sprays to decorate the shirt. You will need to take the shirt home with you and leave to dry for 72 hours. Then wash as directed.

Take Action:

Each Girl Scout is to wear her shirt at some point in the next week and have a discussion with someone outside of the troop about the word or phrase she is displaying. It can be with a friend or neighbor, a parent or teacher. Tell them how you feel about your word/s and ask them what they think about it. Write all of it down on the Fabulous Fashion Fable sheet and share it with everyone at the next meeting.