

Lilly the Lash

Girl Scout Patch Program - Option 1

"Mirror Image"



Age Level:
Seniors

Group Size:
2 to 30

Materials:

The Garden Gathering book by Julie Woik

Look Closer Check List (included)

Plastic Hand Mirrors for each scout (\$1.00 at the Dollar Store)

Black permanent markers

Discover:

Read The Garden Gathering together as a group. Discuss at what point Sunny changed her attitude about herself. How did Sunny see herself, despite the fact that everyone else saw her differently? Discover how people can look at others and easily see their positive points. Why is it difficult for us to see our own wonderful qualities?

Connect:

- Girls sit in a circle and write their name on back of their mirror.
- Now pass the mirrors three turns to the right.
- Each Girl Scout will write a positive word that they think describes the person on the mirror. It could be a physical trait or a behavior.
- Pass the mirror once to the right, again writing a positive comment.
- Do this one more time, giving each mirror three comments total.
- Now have each girl return the mirror FACE UP to the rightful owner.
- Ask the girls not to look at their comments just yet.
- One Girl Scout at a time will look into the mirror and try to describe three qualities she likes about herself. See if her description matches what the other Girl Scouts wrote.

Take Action:

Each Girl Scout will take home their mirror and a copy of the Look Closer Check List. Ask her to review what the others wrote on her mirror and to answer the questions as honestly as she can. The girls should bring their paper back to the next meeting to share what they have learned about themselves and their wonderful qualities!