

# Ocean Commotion

## Lesson #8



### Behavioral Issue:

Behaves Impulsively, Without Self-Control

### Objective:

- Students will understand and demonstrate self-control.

### Materials:

Ocean Commotion by Julie Woik

White paper - both regular and heavy weight (110 if possible)

Two 8 ½ x 11 envelopes

Print and glue *A Good Choice* sheet to the front of one of the envelopes, creating a fun pocket. Do the same with the *NOT A Good Choice* sheet. These two pockets should be hung on the wall next to one another.

Print all of the cards on heavy stock paper and cut them out.

### Activity:

Read *Ocean Commotion*. After the reading, discuss how Echo didn't realize she was doing anything wrong until she became aware of her actions. Once she did, she had the power to make better choices. In this activity, the teacher will read #1 - THE SITUATION aloud. In turn, the student/s will have two cards to read that correlate with this situation. After the student reads each one aloud, they must decide which envelope each card belongs in...A Good Choice or NOT A Good Choice. Work through all of the situations, as they cover a variety of behaviors.

### Assessment:

Students will recognize impulsive behavior, and will choose to behave in an appropriate manner. They will comprehend how constructive actions generate positive results.