## my thoughts

Dear		_		
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## thoughts you may want to include in your letter:

- ♦ What do I do that is disrespectful? ♦ Why do I do the things I do?
- ♦ How do I feel when I do the things I do? ♦ Am I angry? Sad? Confused?
  - ♦ How do I feel about talking to someone about my behavior?
  - ♦ What do my friends or classmates think of my disrespectful behavior?
    - ♦ What could I try to do to be more respectful?