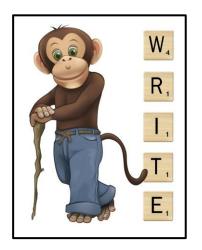
Write As Rain!

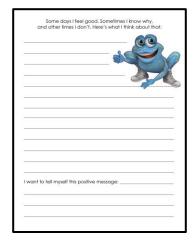
Some days I feel GREAT...and some days...not so much!
I think it's important to write down feelings,
as it helps us figure out what's going on inside of us.
Print out the cover, the author page, and the two writing pages.
You may need many more of the writing pages,
but let's start with one of each.
Staple them together, to make a book.

Refer to the author's messages - and make sure to write your own! Write down your feelings every day and see how much better you feel!!!











The same of the sa					
-	TO				
These are some im	portant messages				
author Julie Woik, say					
➤ I am smart.	> I am friendly.				
I am nice.	> I make mistakes.				
I am respectful.	> I admit mistakes.				
I try my best.	> I forgive myself.				
I am confident.	> I forgive others.				
I am a good person.	> I am trustworthy				
I think positively.	I work hard.				
> I am funny.	> I am thoughtful.				
I am caring.	> I can learn.				
I care about me.	> I can teach.				
I am human.	> I am powerful.				
	> I am inspiring.				

20	Some days I feel blue, Sometimes I know why, and other times I don't. Here's what I think about that:
H	
	-
I want to tel	I myself this positive message:

				24	
				200	
-			-	N.	E
				1	
-			7	-	
-					
I want to	ell myself th	nis positive	message: _		