

Jungle Jive

Lesson #4

Behavioral Issue:

Throws temper tantrums

Objective:

- Students will learn to handle anger, frustration, and disappointment in an appropriate manner.
- Students will demonstrate self-control.

Materials:

Jungle Jive by Julie Woik

Heavy stock paper

Print out the "Passes" that correlate with this lesson

Activity:

Read the Jungle Jive book to the child/children who will be utilizing these passes. Discuss the meaning of balance, and the importance of having balance in each of our lives. Talk about how we must deal with our problems in an appropriate manner in order to keep that balance. Give the child examples of ways they can cope with feelings of anger and frustration. These passes are a good start to helping a child step back and think things through. They'll have to gain knowledge of how to deal with issues that cause them anxiety; however, these passes will help them to recognize when they're in need of a break in order to stop destructive behavior and gain better control.

Assessment:

Students will gain insight into handling their anxiety and anger issues with more appropriate responses. They will recognize their need to take a moment to think things through; putting an end to the disruptive, impairing temper tantrums.