

# Jungle Jive

## Option 1

### “Rock the Balance”



#### Age Level:

4 - 10

#### Materials:

Jungle Jive book by Julie Woik

Various Rocks - Flat rocks aren't necessary, however it's good to have a larger/flatter rock as the base of the stack for stability

E 6000 Industrial Strength Clear Adhesive (weather resistant)

#### Discover:

Read Jungle Jive together. Discuss the meaning of balance. Talk about why it's important to understand and keep balance in our lives and the environment around us. Come up with some examples of what happens when everything gets out of balance. Then discover the value of creating an object that is a forever reminder of the importance of that balance.

#### Activity:

- Build your own Cairn; a *human-made pile (or stack) of stones*. Collect various sizes, shapes, and colors of rocks. Choose a rock for the base. This rock should be flat and stable, and works best if it's larger than the rest of the rocks in your stack. Although you may not be able to stack all of the rocks ahead of time to see what it will look like, you should have an idea of which rock will plan to add next to your stack, and where you want to place it. Use the clear drying adhesive (E 6000) to attach each rock. It takes a good 12 hours for the glue to dry properly...so one rock at a time. This activity will take a week or so to complete, but it'll be worth it!!

#### Take Action:

After everyone is finished building their creation, have the children look at and experience each other's designs. Have them share why they chose a certain rock or if it came from somewhere special. Have them place their Carin in a location at home where they can see it every day.

When looking at it, balance will come to mind. Please explain that everyone struggles with finding and keeping balance in our lives, as life is full of ups and downs. Let's strive to be healthy through BALANCE!