

The Garden Gathering

Option 1

“GROW Mad!”



Age Level:

4 - 10

Materials:

The Garden Gathering book by Julie Woik

1 Small to Medium Plant Pot for each participant (these pots could be Styrofoam/Plastic/Terracotta - whatever works best for the child/children)

1 Packet of Flower Seeds (easy to grow - daisy or sunflower is best)

Bag of Soil

Colored Markers or Paint (quick drying)

Foam Shapes (flowers would be great), stickers, ribbon, sequins, or any other sort of decorations that can be added to the outside of the pot

Glue (if your decorations require)

Discover:

Read The Garden Gathering together. Afterwards, talk about what kind of flower Sunny was, how she felt about her size, and what value she had to the garden. Discover the importance of each and every one of us and how we all have something to give to the world.

Activity:

- Each child will receive a plant pot.
- Have them decorate their pot with paint or colored markers. After the paint/markers have dried, add foam shapes, sequins, or other decor.
- Upon completion, have an adult help the child fill the pot with soil and plant a seed or two.
- The adult should advise on how often the plant should be watered and where to place the plant for the best growing results.

Take Action:

After everyone helps to clean up, ask each child to finish this sentence:
“I like myself because _____.”

Then ask the child:

Do you think how you feel about yourself affects others?

Example: “I like myself because I’m polite to others.”

“Yes, I think people like it when I say thank you or please.”