

Art With Heart

Lesson #8

Behavioral Issue:

Doesn't know how to apologize when in the wrong

Objective:

- Students will learn to take responsibility for their actions and recognize there are different ways to apologize.
- Students will understand and feel the benefit of making an apology to someone when they are at fault.

Materials:

Art With Heart by Julie Woik

8 ½ x 11 White Heavy Weight Paper

Paints or Colored Pencils or Crayons

Activity:

Read the Art With Heart book to the student/s participating in this activity. Talk about how confidence can be built through taking responsibility and apologizing to someone when we've done something wrong. Have the student/s take their paper and fold it in half. Provide the paints, pencils, or crayons for them to use to create their card. The student/s should think about someone they would like to apologize to, and then create a card especially for them. They should use their own ideas and words. Explain that there are several ways to apologize, but a card is a visual one that someone can keep for years to come!!

Assessment:

Students will realize the value of offering an apology if they've done something wrong. It tells the person receiving the card that the other person is sorry for what they've done, and it will help heal the relationship between the two.