

Art With Heart

Lesson #2



Age:
Kindergarten

Objective:

- Students will increase their executive functioning skills by planning a strategy and problem solving.
- Students will improve such fine motor skills as hand control, through repeated practice of the maze.

Materials:

Art With Heart by Julie Woik

Colors, Markers, or Color Pencils

Print out form that correlates with this lesson.

Optional - Send home letter to parents regarding this lesson.

See attached *Letter for Parents*

Activity:

Gather the children in a circle and read Art With Heart, showing everyone the illustrations. After the reading, hand out the form with the maze. Students may use their finger first, to trace and get a feel of the correct path from start to finish. After they feel confident, they can try with a pencil. They may want to try again another day, using a crayon or marker.

Assessment:

Students build confidence through their ability to plan a strategy that allows them to successfully complete the maze. They'll increase hand control as they learn to avoid hitting the black line borders of the maze through repeated practice.