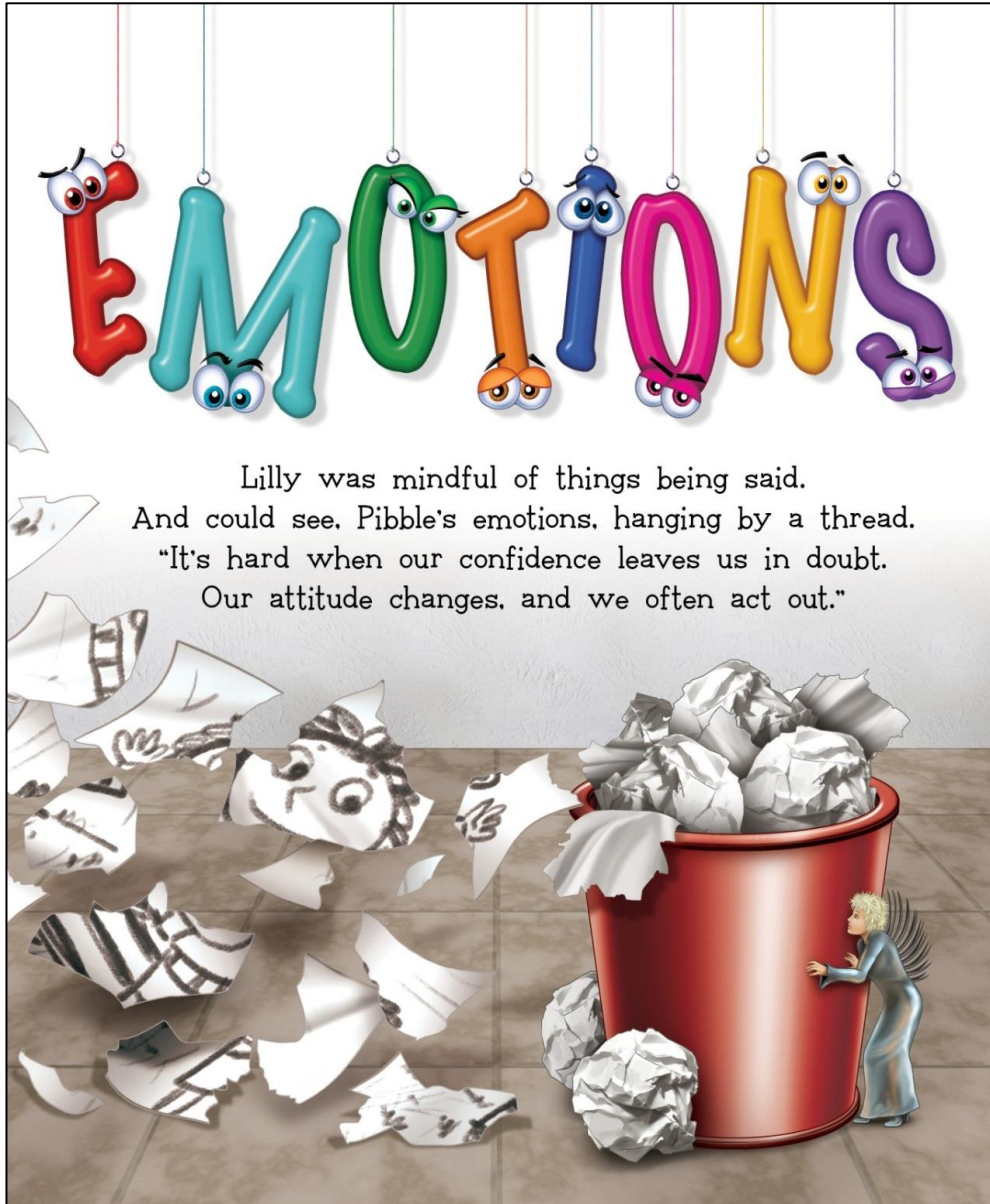


Check out this page.

What is the author trying to say?



1. The author says that *Lilly is being mindful*.
What does it mean to be mindful?

2. *Pibble's emotions are hanging by a thread*.
What does that really mean?

3. Name two incidents or things that can happen to a person to *leave their confidence in doubt*.

a. _____

b. _____

4. The author says that *our attitudes change and we often act out*. What kind of behavior might we display when we act out?

a. _____

b. _____

c. _____

5. How might someone gain back or build confidence?
